

# Tiny Tweaks for Workplace Wellness

## Healthy Employees = Greater Productivity!

Did you know that more than 90% of our “PAINs in the assets” (and other areas) are fixable...even instantly? **Bethanne Wellness Weiss**, the *Queen of More JOY and Less OY* can teach you and your staff how using “Tiny Tweaks” in your workplace or at home, can dramatically reduce back, neck, hip shoulder, knee pain, stress, anxiety, depression, brain fog, doctor visits, missed work days and

improve posture, energy, memory, performance and appearance...no kidding! Bethanne’s own physical triumph, in spite of deformed feet, chronic pain, dizziness and a balance disorder, inspires her to spread her “*MORE JOY*” mantra to the world. Her extremely entertaining **FUNIQ®** (fun & unique) wellness programs have wowed crowds at retreats, meetings and conferences.

## Bethanne is Ready to WOW Your Workplace & Liven Up...

- Staff lunches, retreats & corporate events
- Your employees – whose assets, brains & other body parts have been dozing for umpteen years. This helps to dramatically increase productivity in your workplace!

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*“Bethanne is a human dynamo! She has consistently wowed the crowds at Morgan and Morgan’s Annual Spouse Retreat... which is why we invite her back every year. It wouldn’t be as fun without her.”* – Ultima Morgan, Partner Morgan & Morgan PA

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## Keynotes, Seminars & Classes include:

- 10 Tiny Tweaks for Workplace Wellness
- Quick, Cheap & Easy Tiny Tweaks to Your Eats
- 10 Tiny Tweaks for More JOY Less OY
- And much, much more!



*Bethanne Wellness*  
The Queen of More JOY & Less OY!



*Bethanne Wellness Weiss, B.S.*

**Motivational Speaker | Author | FUNIQ® Wellness Coach**

ACE Certified Fitness & Nutrition Professional & Behavior-Change Specialist  
American Posture Institute Certified Ergonomist  
Age Safe® America Certified Senior Safety Specialist™  
30+ years experience moving assets (from chairs) and changing lives

Contact Bethanne Today – 407.491.8107  
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